

## Andrew McVittie

Neurological Physiotherapist

Based in: Lancashire and South Cumbria



### Areas of expertise

Adult neurophysiotherapy  
Paediatric neurophysiotherapy  
Elderly rehabilitation  
Vestibular rehabilitation  
Stroke  
Multiple sclerosis  
Acquired brain injury  
Parkinson's disease  
Spinal cord injury  
Guillain-Barré syndrome  
Transverse myelitis  
Peripheral nerve lesions  
Cerebral palsy  
Hereditary spastic paraplegia  
Brain tumour  
Ataxia  
Diabetic neuropathy  
Peripheral neuropathy  
Foot drop  
Hydrotherapy  
Postural management  
Upper limb rehabilitation  
Bespoke exercise and training programmes

### Qualifications

BSc (Hons) Physiotherapy, Manchester Metropolitan University, 2019  
Health And Physiotherapy Access To HE Diploma, The Manchester College, 2016

### Memberships & registrations

Health Professions Council (HCPC): PH118769  
Chartered Society of Physiotherapy (CSP)

### Profile

Andrew joined the team at Neurocare in 2021, bringing 5 years' experience in the field of neurological physiotherapy and a background as a mountaineering instructor and a police officer that helped him develop his skills working with people.

He believes strongly in an individualised approach to rehabilitation, encompassing the wishes and interests of the client. This provides a foundation for meaningful rehabilitation, increased engagement and a greater chance of the client achieving their goals.

Andrew was exposed to and inspired by complex neurological presentations early in his career and his interest in this area has only grown.

Andrew is dedicated to providing a high-quality, imaginative, inspiring and bespoke, service to people with complex needs and is constantly working to develop his skills and experience to meet these needs.

# Professional Pathway

**Dec 2021 – Neurological Physiotherapist, Neurocare Physiotherapy**

**2019 – 2021 Neurological Physiotherapist, SP Therapy Services**

Responsible for management of his own caseload within a community and clinic setting. Professional liaison with wider MDT and case managers, production of high-quality supportive documentation and reports to facilitate the case management process. Driving an elite service model of treatment for case managed patients with complex neurological needs.

**2016-2019 Physiotherapy Assistant, Neurological Physiotherapy**

Providing clinical assistance and supporting the delivery of rehabilitation to patients with a variety of neurological conditions such as: acquired brain injury, traumatic brain injury, Guillan-Barre syndrome, multiple sclerosis, Parkinson's disease, malignant spinal cord compression and cerebral palsy in both a residential and community setting

**2008-2016 Mountaineering Instructor, Self Employed**

Responsibilities involved managing a large commercial climbing wall with 30 staff and up to 400 customers a day. Health and safety, adherence to operating procedures and customer satisfaction were a high priority.

**1998-2008 Police Officer, Lancashire Police**

Including training of probationers, managing a neighbourhood policing team, CID and Multi-Disciplinary Team intelligence work

**Andrew's recent training record is available on request.**