

Rachel Jones

Neurological Physiotherapist &
Sports Massage Therapist

Based in: Carnforth / Kendal



Areas of expertise

Adult neurophysiotherapy
Sports massage
Elderly rehabilitation
Stroke
Multiple sclerosis
Acquired brain injury
Parkinson's disease
Spinal cord injury
Guillain-Barré syndrome
Transverse myelitis
Cerebral palsy
Brain tumour
Ataxia
Diabetic neuropathy
Motor neurone disease
Peripheral neuropathy
Postural management
Gait training
Upper limb rehabilitation
Foot drop
Bespoke exercise and training programmes
Advice on walking aids and adaptations
Report writing
Education and training

Qualifications

BSc Physiotherapy, Manchester Metropolitan
University, 2015
ITEC Diploma In Sports Massage (Level 3)
OFQUAL, 2014

Memberships & registrations

Health Professions Council (HCPC): PH10789
Chartered Society of Physiotherapy (CSP): 097354

Profile

Rachel is an experienced physiotherapist with a history of working across all three core areas in the hospital & health care industry. She has a background in Neurology and MSK, within acute and rehabilitation settings and enjoys working in acute injury prevention and management in the sports setting.

Rachel has practised as a Sports Massage Therapist within clinics and sports since completing her diploma in 2014. She is skilled in communication, MDT working, person-centered planning, service development and coaching.

Current role

Rachel joined Neurocare Physiotherapy in June 2023, bringing her neurological physiotherapy experience to her role, working with clients across Cumbria and North Lancashire, in clinics, in the community and in their own homes, providing treatment tailored to each client's individual needs and rehabilitation goals.

Rachel provides assessment, treatment and management advice for clients with a wide range of neurological injuries and conditions.

She also provides a Sports Massage service from our Kendal clinic.

To discuss a referral or for more information, please contact Neurocare Physiotherapy

T: 01524 727716 E: info@neurocarephysio.co.uk W: www.neurocarephysio.co.uk

Professional Pathway

Apr 2022 – Mar 2023 Specialist Physiotherapist, Northern Care Alliance (Srft)

Heightened responsibilities included contributing to service development and coaching junior Physiotherapists and Therapy Assistants. Acting up when team leads are not present. Rachel was a Clinical Educator and represented Physiotherapy in MDT clinics alongside Consultant Neurologists and Neuro Surgeons for NPH Patients.

- Band 6 Rotational Physiotherapist in Aging and Complex Medicine and Acute Neurology Unit
- Weekend rotas in Respiratory and On Call

Oct 2021 – Apr 2022 Honorary Physiotherapist, The Christie Foundation Trust

Band 5, 6 month secondment in Clinical Oncology and Medical Oncology and Acute Admission Unit and Teenage and Young Adults

Aug 2017 – Sep 2021 Physiotherapist, Northern Care Alliance (Srft)

Band 5 Rotational Physiotherapist in Community Rehabilitation, Intermediate Care Unit, Major Trauma: Acute and Rehab, Neurosurgery: Spinal, Respiratory: Medical, Community Stroke and Neurology Rehabilitation, Critical Care and On Call Respiratory: COVID-19 Pandemic, Orthopaedics, Musculoskeletal Outpatients

Weekend Rotas in Elderly Medical/EAU, Neurosurgery and Trauma and Respiratory and On Call

Jul 2016 – Jul 2017 Community Physiotherapist, Blackpool Teaching Hospitals NHS Foundation Trust

Band 5 Community Physiotherapist, Wyre and Fylde Community Therapy Team; Adult and Long-Term Conditions.

Feb 2015 – Jul 2015 Sports Massage Therapist, Manchester Metropolitan University Clinic

Assessment and clinical reasoning of treatment techniques, stretching and postural advice.

Managed a team of three therapists for a month ensuring the clinic was staffed, liaising with receptionists regarding patient bookings and completing timesheets for therapists each week.

Aug 2012 – Present Camp Staff, NBC Basketball Camps UK

Seasonal work in school summer holidays, working 1-4 weeks. Job roles include: Administration assistant, Coach, Shop Keeper, Head of First Aid, UK Tour Chaperone.

Volunteering

September 2022 – March 2023

Physiotherapist, Manchester Kings And Valkries Basketball Club

September 2017 – April 2019

Physiotherapist, Liverpool Handball Club (Womens)

September 2015 – March 2017

Physiotherapist, Lancashire Spinners Basketball Club

September 2014 – April 2015

Student Physiotherapist, Manchester Magic Basketball Club

Rachel's recent training record is available on request.