

Janice Ewart

Specialist Physiotherapist &
Lead Case Manager – A Chance for Life Ltd

Based in: Cumbria

Areas of expertise

Adults & children
Acquired brain injury
Cerebral palsy
Complex orthopaedic injury
Amputations
Sensory impairment
Stroke
Neurodevelopmental disorders
Challenging behaviour
SEN / EHCP
Securing statutory funding
Hydrotherapy
Postural management
Working with MDTs and supervision and mentoring colleagues
Expert witness - neurological physiotherapy

Qualifications

BSc (Hons) Physiotherapy, 1995

Memberships & registrations

British Association of Brain Injury Case Managers (BABICM) - Advanced member
Chartered Society of Physiotherapy (CSP)
Health and Care Professions Council (HCPC)
Association of Paediatric Chartered Physiotherapists (APCP)
Aquatic Therapy Association of Chartered Physiotherapists (ATACP)
Medicolegal Association of Chartered Physiotherapists (MLACP)



Profile

Janice joined A Chance for Life Ltd in February 2018 and is a Lead Case Manager and Physiotherapist working with adults and children with complex injuries including brain and spinal injuries, orthopaedic conditions and amputations, both pre and post-litigation.

Alongside her case management role, she continues to practice as a neurophysiotherapist. She is also actively involved in several Special Interest Groups and building a Medico-Legal caseload.

With her unique combination of experience in case management and physiotherapy, Janice has progressed in developing her Expert Witness work, preparing reports for the Court in the area of Neuro Physiotherapy.

Janice has undertaken professional training by the Medico Legal Association of Chartered Physiotherapists.

Janice is adept at carrying out thorough assessments and preparing case management / neurophysiotherapy reports with costs, for both adults and children. She is skilled at setting appropriate goals with her clients and coordinating rehabilitation programmes to work towards them.

As a physiotherapist, Janice also has specialist skills in hydrotherapy.

To discuss a referral or for more information, please contact Neurocare Physiotherapy

T: 01524 727716 E: info@neurocarephysio.co.uk W: www.neurocarephysio.co.uk

Professional Experience

Prior to joining A Chance for Life Ltd, Janice gained over 20 years' experience in the NHS, working primarily in the field of paediatrics, which included multidisciplinary working with complex cases and co-ordinating statutory and non-statutory services. Her neurological experience includes 24hr postural management with the use of specific handling, activities and specialist equipment to enhance functional abilities and postural maintenance. Janice has also been involved in the provision of dynamic lycra orthosis to optimise function, making use of client's own muscle work to reduce spasticity and improve posture following brain injury.

She is an effective communicator and has a compassionate and empathetic approach when required to work with people in often emotive circumstances.

Janice is proactive in sourcing services and can think creatively for improved outcomes, looking at relevant facts and findings to ensure the best plan clinically, and for the long-term needs of the client.

Key Skills & Achievements

- Carrying out detailed assessments, writing comprehensive reports and setting goals with clients.
- A broad understanding and extensive experience of assessment and treatment of adult and paediatric neurological conditions.
- Experience of working as part of a multidisciplinary team on complex cases.
- Supervising and mentoring case managers, therapists and support staff.
- Working with challenging families, developing and maintaining good working relationships.
- Managing a complex caseload, working closely with clients and their families to ensure their rehabilitation and support is tailored to meet their individual needs.
- Being involved in service development to enhance and improve the service delivery offered to clients and their families.

Professional Pathway

Janice qualified as a Physiotherapist in 1995, graduating from Queen Margaret College, Edinburgh with a BSc (Hons) Physiotherapy. She worked in a large general hospital in Inverness as a rotational physiotherapist across a wide range of acute and community settings including medical, surgical, neurology, amputees and paediatrics before taking a senior role working with children and young adults with Cystic Fibrosis across the Highlands of Scotland.

From 1999 she specialised in paediatrics working in home and school settings across a large, rural area, liaising closely with the wider team based centrally. She moved to Cumbria in 2001 to take up a full-time post in Paediatrics with a mixed caseload; premature babies to 19 years of age with a range of developmental delay, musculoskeletal conditions and neurodisabilities.

Having worked predominantly in the community, becoming a Case Manager was a natural progression, allowing her to use existing knowledge and skills to support clients and their families and enhance clients' long-term recovery, helping them to reach their maximum potential post injury.

Janice's recent training record is available on request.